

FEE SCHEDULE & PAYMENT INFORMATION

Updated – Year 2026

Professional Fees & Payment Information

Financial reimbursement: Each clinician has individualized payer agreements. Some clinicians may be in-network, while others will be out of network or private pay only. Patients will be informed of the clinician's billing and network status prior to appointment times to ensure agreement. If services are provided as private pay and/or out of network, Spectrus can provide a superbill receipt for services which can be submitted to patients' out-of-network insurance companies for reimbursement. In the event of in-home or on-site services, the cost of services will be billed based on clinician's time spent traveling to and from the site, in addition to the time spent providing psychological services. Insurance companies typically cannot be charged for travel time, and the patient/financially responsible party is responsible for this cost.

Payment types accepted: Spectrus accepts payment in the form of cash, credit cards, and debit cards. We can also accept Care Credit cards and HAS cards. Direct payment can be made via www.spectruspsych.com at the Bill Pay tab.

Billing for therapy services: Payment for therapy services (individual, couples, family, group) and consultation services is due to be paid in full at the time services are provided.

Billing for assessment services: Payment for assessment services is indicated below. The cost of the initial testing consultation will be put toward the balance of the full testing fee. The first half of the patient cost for testing is billed at the start of testing and the second half is due at the time of feedback.

Other charges may apply: If you or another party (ex. Another counselor or lawyer) needs a copy of your file or other records, our office may charge a reasonable fee for copying and postage. If our office is asked to provide a consultation call to another professional on your behalf, such as a physician, counselor, or lawyer, our office will charge the phone consultation fee listed in fee schedule. If our office must produce a written report (ex. Treatment summary, accommodations request forms, etc.), our office will charge the report fee indicated in fee schedule.

Past Due Payments: If payment is not submitted within 60 days of receipt of services/invoice, patients will receive notice that their account will be turned over to collections in an effort to give them a chance to pay their account. If you have questions about billing, feel free to contact Spectrus Psychological Services, Corp. at (940) 205-8335 or info@spectruspsych.com.

Psychologist Fee Schedule - Psychologist

Intake Interview – \$250 (30–60 min)
Individual Therapy – \$250 (50 min)
Couples Therapy – \$275 (60 min)
Family Therapy – \$275 (60 min)
Consultation Call – \$55 (per 15 min)
Report / Document Writing – \$55 (per 15 min)
Travel for In-Home Services – \$55 (per 15 min travel time)

Psychological Services Fee Schedule – Counselor (LMFT/LPC/LCSW)

Intake Interview: \$155 (30–60 min)

Individual Therapy: \$150 (50 min)
Couples Therapy: \$175 (60 min)
Family Therapy: \$175 (75 min)
Consultation Call: \$45 (15 min)
Report/Document Writing: \$45 (15 min)
Travel for In-Home Services: \$45 (15 min travel time)

Psychological Services – Counseling Intern/Associate

Intake Interview: \$135 (30–60 min)
Individual Therapy: \$110 (50 min)
Couples Therapy: \$120 (60 min)
Family Therapy: \$120 (75 min)
Consultation Call: \$44 (15 min)
Report/Document Writing: \$44 (15 min)
Travel for In-Home Services: \$44 (15 min travel time)

Psychological Testing & Neuropsychological Testing

Test administration: \$250 (per 60 min)
Scoring: \$250 (per 60 min)
Interpretation: \$250 (per 60 min)
Report Writing: \$250 (per 60 min)
Feedback: \$250 (per 60 min)

Psychoeducational testing is not paid by insurance and must be charged as an out-of-pocket cost. Fees range from \$500 and up.

Some forms of computerized testing are not covered by insurance and will be charged as an out of pocket cost.

Late Cancellation & No-Show Fees for Services (Please read carefully):

THERAPY sessions which the patient does not attend, or which are cancelled **less than 24 hours** before the scheduled session will result in a fee being automatically applied to the credit card on file. **For the first no-show/late cancellations, the patient will be charged the full fee typically paid by insurance. For any subsequent no-show/late cancellations, the patient will be charged the full out-of-pocket cost for the appointment time.** It should be noted that **arriving or logging in for a remote session more than 15 minutes past the scheduled session time** may be considered a no-show and the fee indicated will be due before the next scheduled session. Late cancellation or no-shows which occur multiple times may result in termination of services with proper referral to other mental health services. If in-home services are cancelled late or not attended, the patient will be assessed the full service fee plus any travel fees incurred.

TESTING appointments which the patient does not attend, or which are cancelled less than **48 hours** before the scheduled session will result in the full fee for time booked toward testing being charged to the patient's credit card at the time of the missed appointment. This fee must be paid in full before testing will be rescheduled and completed. After a missed appointment, if a patient does not contact our office to reschedule, your clinician will accept this as notice that you have terminated psychological services with our office and that you wish to have no further services from our office. If in-home services are cancelled late or not attended, the patient will be assessed the full service fee plus any travel fees incurred.